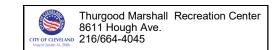
Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 ADULT OPEN SWIM 18 +	12:00—1:00 ADULT SWIM OPEN 18+	10:00-12:00 ADULT SWIM 18 AND UP
1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	12:00-1:00 YOUTH SWIM
2:00-3:00 ADULT SWIM	2:00-3:00 ADULT SWIM	2:00-2:45 ADULT SWIM	2:00-2:45 ADULT SWIM	2:00-2:45 ADULT SWIM	1:00-2:0 YOUTH SWI
3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	2:00– 3:00 YOUTH SWI
4:00—4:45 SWIM TEAM PRACTICE 8-17	4:00—4:45 YOUTH OPEN SWIM 8-17	4:00—4:45 SWIM TEAM PRAC- TICE 8-17	4:00—4:45 YOUTH OPEN SWIM 8-17	4:00—4:45 SWIM TEAM PRACTICE	3:30—4:3 FAMILY SW
5:30-6:30 Lifeguard classes	5:30-6:30 Learn to swim	5:300-6:30 Lifeguard classes	5:30-6:30 Learn to swim	5:00-5:45 SWIM TEAM PRACTICE	4;30-5;3 FAMILY SW
6:30-7:30 Lifeguard classes	6:30-7:00 Learn to swim ƏU] UI pƏSIAJƏdns pu	6:30-7:30 Lifeguard classes unat pe accombanied an	6:30-7:00 Learn to swim	08:7-00:6 PAMILY OPEN Will culique under / Aes	

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FLAG FOOTBALL Boxing Weight room Technology Room SHELF STABLE MEALS volleyball

 MON & THU
 5:00pm-6:30 pm
 ages 9-13 &14-17

 Monday-Friday
 4:30pm-7:30 pm
 ages 8 & up

 Monday-Friday
 12:00pm-7:30 pm
 ages 18+

 Monday-Friday
 3:00- 6:00pm
 ages 8-17

 Monday-Friday & Sat
 3:00- 4:00PM & 12-1pm age 8-17

 Wednesday & Thursday
 4:30- 6:30
 ages 8

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	10:00Am- 12:30Pm P.A.L BAS- KETBALL
1:00—2:00 OPEN GYM Adult	1:00—3:00 OPEN GYM Adult	1:00—2:00 OPEN GYM Adult	1:00—3:00 OPEN GYM Adult	1:00—2:00 OPEN GYM Adult	12:00-2:00 Open gym
2:00—3:00 Basketball Skills/ OPEN GYM adult	3:00—4:15 Basketball Skills/Drills- OPEN GYM (youth)	2:00—3:00 Basketball Skills/ Drills-OPEN GYM adult	3:00—4:15 Basketball Skills/ Drills-OEN GYM (youth)	2:00—3:00 Basketball Skills/ Drills-OPEN GYM adult	2:00-5:00 Open gym/ CLEAN – UP
3:00- 4:00 Basketball Skills/ OPEN GYM (youth)	4:30-5:30 Volley ball GAMES (SENIORS))	3:00-4:00 Basketball Skills/ OPEN GYM 13-17	4:30- 5:30 Volley ball practice 13-17	3:00-4:00 Basketball Skills/ OPEN GYM (youth)	
4:00pm—5:00 VOLLEY BALL GAME (JUNIORS)	5:30pm—6:30 Volley BALL GAMES (SENIORS)	4:00pm—5:00 VOLEYBALL GAMES PRACTICE	5:30pm—6:30 Volleyball practice 8-12	4:00pm—5:00 ADULT VOLLEY BALL 18 +	
5:00-7:00 VOLLEY BALL GAME (JUNIORS)	6:30-7:30 Open gym OPTIONAL	5:00-6:00 VOLLEYBALL PRACTICE	6:30-7:30 Open gym OPTIONAL	5:00-7:30 ADULT VOL- LEYBALL 18+	
		6.16_7.20			

6:16—7:30 P.A.L.

IN-HOUSE RULES APPLY FOR YOUTH&ADULTS

			9
	ays	Time	Ages
Yoga Basics To	uesday/Thursday	6:00—7:00 p.m.	Aďults
	onday	5:30p.m.—7:00 p.m.	Adults
HOT SPOT AVAILABILITY	Mon-Fri	4:00-7:00 pm op	en to all ages
MUSICAL INSTR	Wednesdays	6:00-7:00	5-17
ROBOTICS CLASS	FRIDÁYS	5:00-6:00PM	8-17
GIRLS SCOUT	WEDNESDAYS	4:00-5:00PM	8-17
AFTERSCHOOL ALL-STARS	MONDAY-THURS	3:00-6:00PM	6-16